

CAFOD. Lent activities:

This year CAFOD is celebrating 50 years since the first Lent Fast Day was held. Can we make it a special jubilee??? www.cafod.org.uk/extra/giveitup/

PLEASE BE GENEROUS

DOES THE QUALITY OF YOUR FOOD WORRY YOU? The film: "Food, INC 2010" will opens in main cinemas from Feb 12th. A clip can be seen on www.dogwoof.com It is hoped that the film will raise awareness of the damage to flora and fauna that we continue to do in order to keep up our unsustainable life styles. The Church has asked us, in the rich West, to take up the **livesimply challenge** in order to help to reduce pressure on the planet: to live simply in order that others may simply live.

The National J&P Conference this year has the title: **OUR DAILY BREAD: Food security, People and Planet.** Food is so essential a part of our lives that the "breaking of bread" with others celebrates love, mutuality and the gifts of the natural world. Yet the global food system on which we depend which we depend is increasingly fragile.

HAYES CONFERENCE CENTRE---SWANWICK---DERBYSHIRE 16-18 July 2010

www.justice-and-peace.org.uk for information and booking form.

QUIET GARDENS:

To learn more about this helpful ministry go to: www.quietgarden.co.uk



*Our vision is
to initiate and resource
a network of local opportunities
for prayer, silence, reflection
and the appreciation of beauty;
for learning about Christian spirituality;
and for experiencing creativity and healing
in the context of God's love*



IN MEMORY OF OSCAR ROMERO

East Anglia has organised a whole Romero Week in the diocese. On Sunday 21 March at 3.30pm there will Choral Evensong at Norwich Cathedral (Anglican) followed by short talks by Bishop Graham James and Bishop Michael Evans on Archbishop Romero. There will be an anniversary Mass on 24 March at 7.30pm in St John's (Catholic) Cathedral in Norwich celebrated by Bishop Michael Evans. On Saturday 27 March, there will be a study day in Norwich led by Bishop Michael Evans. (www.catholiceastanglia.org.uk)

On Ash Wednesday Pax Christi will be holding the annual witness of repentance outside the Ministry of Defence. www.paxchristi.org.uk

Recommended: A new Magazine: **JUSTICE: Social Issues: A Catholic perspective.**

To learn more and to order: www.justicemagazine.co.uk.

A copy of **Jesus: Social revolutionary** by Peter McVerry SJ (ISBN 978-1-84730-110-9) will be given to each new subscriber (as long as stocks last.)

Also: **Sustainable Energy without hot air** by Prof David MacKay, a study of low-carbon options. (ISBN 978-0-9544529-3-3).It can also be downloaded at www.withouthotair.com

THINKING FAITH...the online journal of the British Jesuits provides interesting articles plus book and film reviews. www.thinkingfaith.org

Justice & Peace & Newsletter

Diocese of East Anglia
Justice & Peace Commission



Lent 2010

With an election in the near future we Christians should be prepared to ask questions of candidates at the hustings.

What are the issues we should be raising?

1. **Immigration & Sanctuary.** Many people, including children, are detained under UK immigration rules and some seeking sanctuary are left destitute. A fairer yet rapid system of processing applications is overdue. See www.jrsuk.net , www.refugeecouncil.org.uk , <http://tinyurl.com/yg2m2dp> (Guardian 2 Feb'10)
2. **Poverty & Social Exclusion in UK:** The gap between rich and poor is wider than ever and people on low incomes can be reliant on doorstep lenders charging interest rates as high as 1000%. See "Close the Gap" and "Debt On Our Doorstep" at www.church-poverty.org.uk/campaigns
3. **Climate change and care of God's creation:** Climate change risks pushing millions of people deeper into poverty. A fair and binding global climate deal remains a priority. See www.cafod.org.uk , www.operationnoah.org
4. **Arms Control:** UK arms exports amount to around £5billion annually, including to countries involved in armed conflict and to those classified as being 'of concern' in the government's human rights report. www.paxchristi.org.uk & www.caat.org.uk
5. **Overseas Aid:** Aid that is well targeted and well-managed can make an enormous difference to people in poverty. Forty years ago, rich nations pledged to give 0.7 per cent of their national income in aid. The UK currently gives a little over 0.4%. See www.cafod.org.uk

Websites providing more detailed information on a range of issues and guidance on arranging a "hustings" include www.cafod.org.uk/policy-campaigns , www.churcheselection.org.uk , Vocation for Justice (www.columbans.co.uk) The Common Good and the Catholic Church's Social Teaching can still be downloaded from www.catholicchurch.org.uk

FAIRTRADE FORTNIGHT

Feb. 22nd - March 7th 2010

www.fairtrade.org.uk

From chocolate to cereals, from rice to raisins. There is something for everyone from the **FAIRTRADE** range. This year there is a special focus on **TEA**.

Does your church have a FT stall? Does your town/village have a FT outlet?

Those few extra pennies you spend on FT products will go a long way to help growers and pickers.

GO ON! Try something new today! And don't forget to buy **FT Easter Eggs** when the time comes.

For more information and ideas: www.fairtrade.org.uk and watch the video clip!



WOMEN'S WORLD DAY OF PRAYER: MARCH 5TH 2010

This year the focus will be on **CAMEROON**.